

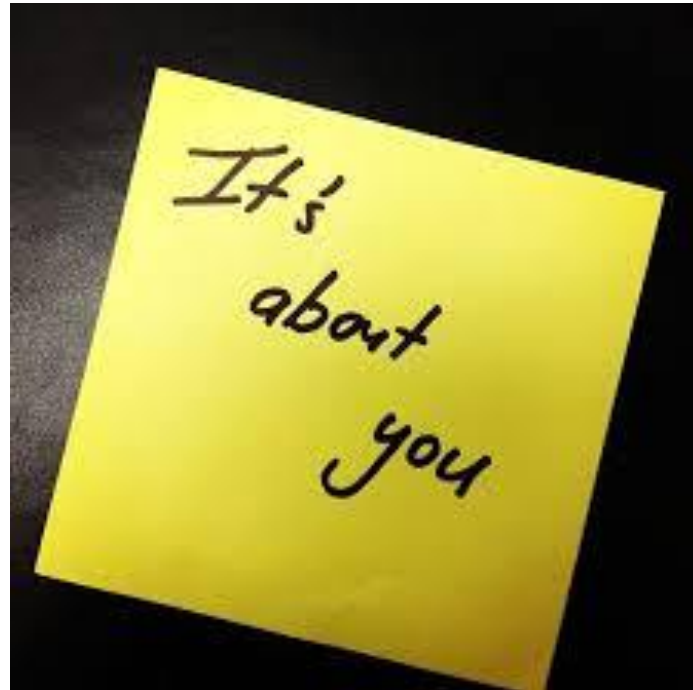


# **Sophomore Class Meeting**

Fall 2023

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# Information Sheets



Verify Information in Infinite Campus!

# Infinite Campus

## Check Summary Page

Addresses

Phone Numbers

## Check Grades and Attendance

## Find Unofficial Transcripts

- ▢ See Credits Earned and Monitor Progress

Students need 270 credits to graduate:

40 English      30 Science      30 Math      30 Social Sciences

10 Pre-Academy      5 Personal Finance      60 Career Academy

10 Physical Education

- ▢ See GPA and Rank

Can be downloaded and used for car insurance, etc...

\*Official Transcripts must be ordered from Counseling office for things like scholarships, final college admissions, NCAA, etc...

\*If you are having trouble logging on, see Ms. Harrison in the Media Center.



# Stay Informed

[Counseling Website](#)

**REMIND APP**

GRADE 10-ZGR10-1  
@hgdbk2ahc4

[Daily](#)  
[Announcements](#)

Scottsbluff High School > Counselors Office - The College & Career Planning Center

> Counselors Office - The College & Career Planning Center

NEW STUDENT ENROLLMENTS

CLASS of 2024

CLASS of 2025

CLASS of 2026

Dual Credit

2023-24 SCHOLARSHIP OPPORTUNITIES

COLLEGE REP & MILITARY VISITS

ACT/Pre ACT

Graduation Requirements

Graduation Honors

Records/Transcripts/Verification Requests

STAFF

Rachel Delle, LMHP

Terry Fisher-Edens, LMHP

CONTACT US

Arbiter Sports (formely FamilyID) 2023-2024

PHOTO GALLERY

PSAT/NMSQT

## Counselors Office - The College & Career Planning Center



*Welcome to the Counseling Office Webpage. Our mission at Scottsbluff High School is to help prepare students for post-secondary education, the workforce and civic life by creating a respectful, equitable and relevant learning environment. We strive to meet the academic, social and emotional needs of all students to help students capitalize on their opportunities for a foundational education.*



**TOGETHER, WE ARE STRONGER**

# Education Quest

[educationquest.org](http://educationquest.org)

Post High School Planning Tools

Activities Resume

Reality Check

Scholarships

FAFSA

Other Resources



**EducationQuest**<sup>®</sup>  
F O U N D A T I O N

# Testing

**ACCUPLACER** - Week of November 13

All sophomores take the Reading Test  
Qualifying core for WNCC Classes



**NWEA**- Ongoing progress testing grades 9-11 for state reporting.

**ACT and SAT** - Sophomores may wish to register for these exams. See counselor for more info.

\*SHS gives the ACT to all juniors as a required state exam.

**AP Exams**-Students will begin registering for these in October. Exams for students taking AP classes are administered in May. These are voluntary.

# College Sports

Visit with counselor for more details and to begin your eligibility worksheet/progress checking.

[NCAA Eligibility Center](#)



[NAIA Eligibility Center](#)

NATIONAL ASSOCIATION OF  
INTERCOLLEGIATE ATHLETICS



# Tutoring/Extra Help



## **Tutoring**

Media Center Mon-Thurs 3:30-4:30

Voluntary

Students need to have things to work on

## **Saturday School**

Most Saturdays from 9:00-11:00 in Media Center

Make-up tests, get extra help

Voluntary-must arrange for tests in advance

## **After School with Teachers**

Most are available after school- teachers are your best resource!



# Homework Requests



Ms. Blanco: [fblanco@sbps.net](mailto:fblanco@sbps.net) or 308-633-2980

Three or more absences for illness, etc...

Call or email by 9:00 AM for work collected by 3:45PM

- \*Bring completed work back with you!
- \*School activities-work with teachers BEFORE you are gone.
- \*Other pre-arranged absences-work with teachers BEFORE you are gone.

# School Dances Policies

- School Dances are a privilege, not a right.
- Students can be failing **NO MORE THAN ONE** class.
- Students can have **NO MORE THAN FOUR** unexcused absences in any one class.
- Student discipline referrals/behavior may prevent attendance as determined by administration.



## Social Emotional Support

- During classroom lessons
- During small groups & lunchtime
- In individual sessions with a counselor



"Life is 10% what happens to you and 90% how you react to it."

~Charles R. Swindoll



## Reasons to see the counselor

- worried about something (school, family, friends)
- want help making choices or solving a problem
- having trouble with another student or adult
- need help focusing in class
- confused about something
- big changes in your life
- concerned about something you heard at school or home
- saw somebody getting hurt
- somebody is hurting you
- you feel like hurting yourself or others
- you want to help others or volunteer



## Counselors Do:

- help you help yourself
- guide you to find resources for success in the present and the future
- teach you how to cope with life and be your best self
- help you stay safe
- care



## Counselors Don't

- judge you
- punish you



## Confidentiality

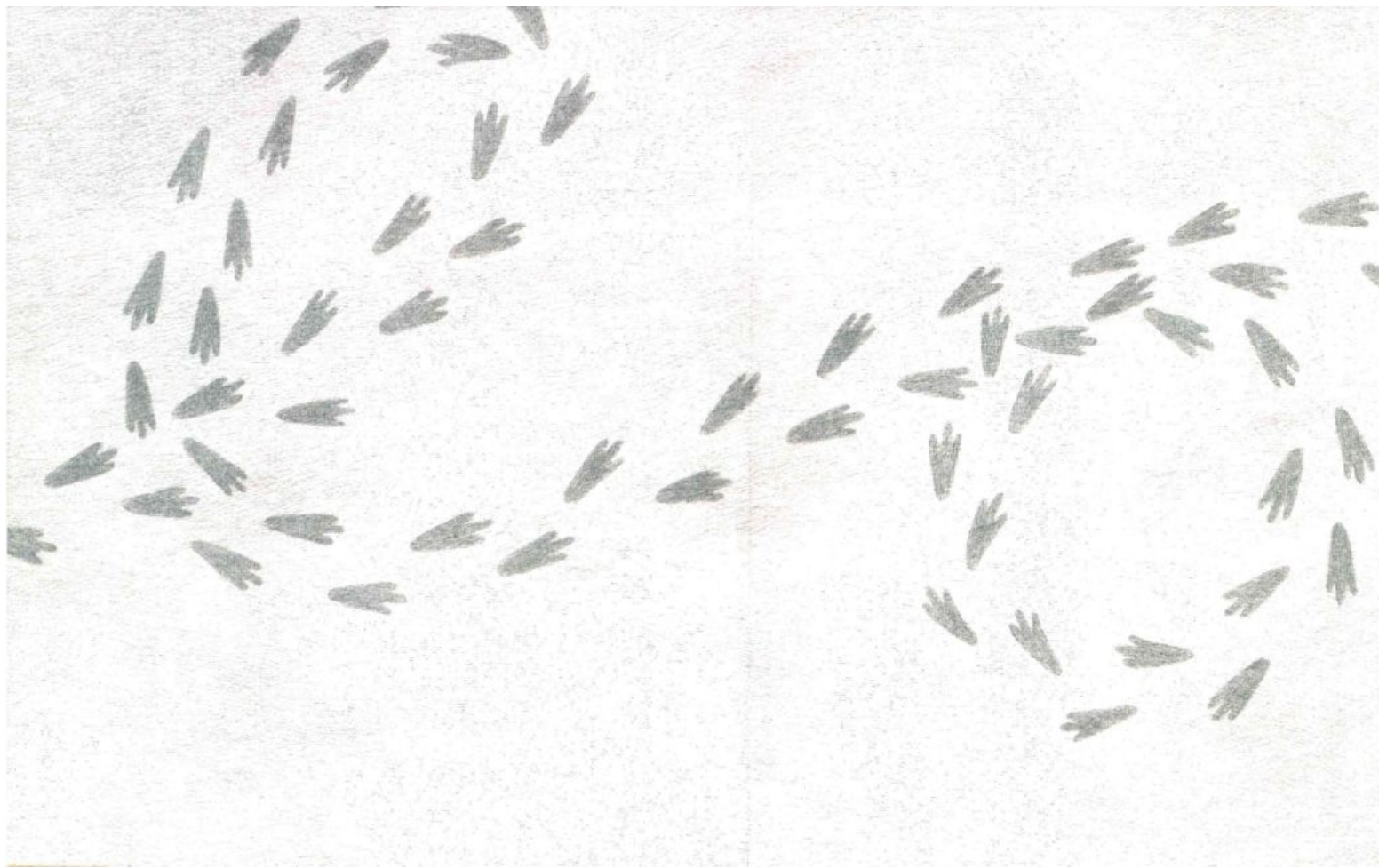
Everything a student says in the counseling office is confidential UNLESS:

- someone is hurting the student
- the student wants to hurt someone else
- the student wants to hurt self



# Finding Muchness







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You are bursting with promise, potential, and possibility.  
You have so much to give, and so much to offer.

**This is your life. This is your time.**

This is your chance to do everything you've wanted to do.

Live bravely, care deeply, share freely. Get the most out of each shining moment. Fill your life with love and stuff your days with wonder. Because when you willingly throw yourself into everything you do, that's when you come alive—that's when the magic sparks.

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Take the biggest step you can  
toward what you want.  
Then, from there, take another step.



Our greatest obstacles are often ourselves.  
If you think you can't, you probably won't.  
But if you think you can, you most likely will.





It isn't, it isn't, it isn't... until it is.  
Determination creates its own possibilities.





How you do one thing is how you do everything.  
And anything worth doing is worth doing well.

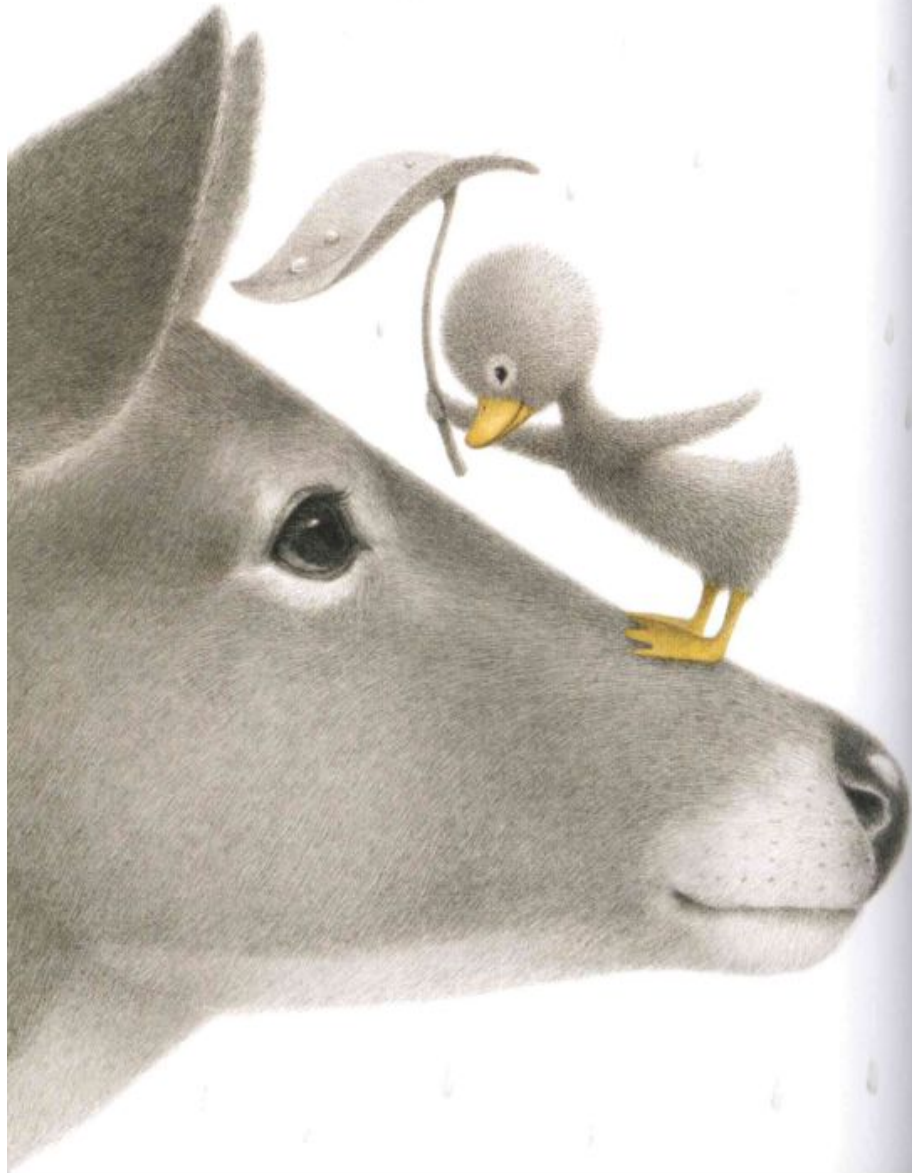
We often regret what we didn't do  
much more than what we did.  
Risk caring deeply. Risk looking foolish.  
Choose courage over comfort.





Stand up for what you believe, even if your legs are shaky.  
Being brave and being afraid often occur at the same time.





Know the value of being there for someone else.  
Doing good and feeling good are connected.



Gratitude is the secret to happiness.  
When you are grateful, you find  
so much more to be grateful for.



Add to the world's wonder.

Remember that you have so much within you and  
so many gifts to share. Your life can be everything  
you've hoped for... and much, much more.

